

SENIOR SPOTLIGHT



Abbott CNA Prepares for Nursing Career

Mariaestel Grullon is a health technology trade student at Henry Abbott Technical High School and a Danbury resident. Mariaestel is following in her family's footsteps by pursuing a career in healthcare. She'll attend Naugatuck Valley Community College's nursing program this fall.

Her training at Abbott Tech has already given her a competitive edge in the healthcare field. Having earned a Certified Nursing Assistant (CNA) credential while in high school, Mariaestel jumped at the opportunity to use her skills at St. John Paul II Center's skilled nursing facility. As a CNA, Mariaestel tends to the daily physical needs of patients and monitors their wellbeing.

Thanks to the hands-on learning experience provided at Abbott Tech, Mariaestel feels comfortable and confident around patients with a variety of health conditions. She credits the school's program with perfecting her presentation and communication skills—skills she says are critical in providing top-notch patient care.

