

**Connecticut Technical Education & Career System**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**5**  
Doritos Walking Tacos  
Cuban Black Beans  
Pico de Gallo  
Fruit Choices  
Milk Choice

**6**  
Breaded Chicken Strips  
Tater Tots  
Warm Dinner Roll  
Kale and Apple Salad  
Fruit Choices Milk

**7**  
**App Sampler!**  
Mac & Cheese Bites  
Cheese Stuffed Breadstick  
Buffalo Cauliflower  
Sweet Green Peas  
Fruit Choices Milk Choice

**1**  
Beef & Cheese Nachos  
Steamed Green Beans  
Spanish Rice  
Fiesta Red Beans  
Fruit Choices Milk

**2**  
Breaded Mozzarella Sticks  
w/ Marinara Sauce  
Warm Dinner Roll  
Lemon Roasted Carrots  
Fruit Choices Milk

**12**  
Cheese Pizza w/  
Assorted Toppings  
Mixed Garden Salad  
Sauteed Summer Squash  
Fruit Choices Milk Choice

**13**  
Beef Tacos  
Cuban Black Beans  
Pico de Gallo  
Fruit Choices  
Milk Choice

**14**  
**Brunch for Lunch**  
French Toast Sticks  
Turkey Sausage Links  
Home Fried Potatoes  
Fresh Baby Carrots  
Fruit Choices Milk Choice

**8**  
General Tso's Rice Bowl  
Popcorn Smackers, Rice,  
Steamed Broccoli Florets  
Honey Glazed Carrots  
Fruit Choices Milk Choice

**9**  
Breaded Chicken Filet  
On Bun  
Seasoned Potato Wedges  
Honey Glazed Carrots  
Fruit Choices Milk Choice

**15**  
Chicken Fajitas  
Southwest Bean Salad  
Mexican Street Corn  
Fruit Choices  
Milk Choice

**16**  
Hamburger/Cheeseburger  
On Bun  
Sweet Potato Fries  
Cucumber/Tomato Salad  
Fruit Choices Milk Choice

**19**  
Cheese Quesadilla Pizza  
Mixed Garden Salad  
Buffalo Cauliflower  
Fruit Choices  
Milk Choice

**20**  
Toasted Cheese Sandwich  
Tomato Soup  
Oven Fries  
Fruit Choices  
Milk Choice

**21**  
Buffalo Popcorn Smackers  
Carrot and Celery Sticks  
Rice Pilaf  
Confetti Corn Salad  
Fruit Choices Milk Choice

**22**  
American Chop Suey  
Steamed Green Beans  
Cucumbers w/ Dill  
Garlic Knot Roll  
Fruit Choices Milk

**23**  
Chefs Choice  
Fresh Baby Carrots  
Smiley Fries  
Fruit Choices  
Milk Choice

**26**  
**Memorial Day**  
**No School!**

**27**  
Nardone's Cheese Pizza  
w/ Assorted Toppings  
Mixed Garden Salad  
Marinated Broccoli  
Fruit Choices Milk Choice

**28**  
Chicken & Waffles  
BBQ Baked Beans  
Honey Glazed Carrots  
Fruit Choices  
Milk Choice

**29**  
Cheese Stuffed Bread  
Marinara Cup  
Seasoned Green Beans  
Fruit Choices  
Milk Choice

**30**  
Chefs Choice  
Coleslaw  
Smiley Fries  
Fruit Choices  
Milk Choice

Daily Entrée Options May Include Assorted Sandwiches and Chef Salads  
Fruit Options Include Fresh, Canned in Light Syrup or Juice, Dried, and 100% Fruit Juice  
Milk Choices Include: 1%, Fat Free Chocolate, and Lactaid

*This institution is an equal opportunity provider.*

Due to unprecedented supply and delivery issues this menu is subject to change